**Further Resources on the Examen**

Here are links to some of the resources used by John Austen in preparation of the Manresa Link Spring Meeting, March 2022:

<https://www.educatemagis.org/wp-content/uploads/documents/2014/01/Examen-2017-Ross-Jones-SJ.pdf>

This includes the Monday sport examen, the face examen, the examen for young boys - and lots more.

[http://jesuitinstitute.org/Resources/Monographs/JIM26%20Examen%20(Tetlow).pdf](http://jesuitinstitute.org/Resources/Monographs/JIM26%20Examen%20%28Tetlow%29.pdf)

This is the 2 page article by Joseph Tetlow

<https://www.ignatianspirituality.com/ignatian-prayer/the-examen/consciousness-examen/>

This is the article by George Aschenbrenner from 1972

The Examen Prayer: Ignatian Wisdom for Our Lives Today Paperback – 30 Jun. 2006

by [Timothy M. Gallagher](https://www.amazon.co.uk/Timothy-M-Gallagher/e/B001JSA714/ref%3Ddp_byline_cont_book_1)  (Author)

*This is the book which included details of how some individuals prayed the examen.*