

**... venue address ...**



**You are invited to a 4-week Ignatian individually-guided Retreat in Daily Life.**

**The Retreat opens at St. Gabriel’s Centre 7.30 pm Weds 22nd June and closes at 7.30 pm Weds 20th July 2016.**

**In addition to these meetings you will meet with a Prayer Guide each week in a time and place to suit you both.**

**To book or find out more please contact (your name) on (your phone number) or Email: (your email)**

**Recognising God in everyday life**

 Manresa Link is an ecumenical Christian group offering retreats in daily life and training those who feel drawn to serve in this ministry.

**Retreat in Daily Life**

**Why a Retreat?**

* Have you ever found yourself wanting a deeper personal relationship with God?
* Do you sometimes find it difficult to pray?
* Do you ever find yourself wondering about the connection between faith and everyday life?
* Would you like to know more about different ways of praying?

**How Does It Work?**

You will continue your normal activities in everyday life, but each day during the retreat you will spend some time in prayer, perhaps with a passage of scripture suggested by your prayer-guide. You will meet your prayer-guide once a week to share your experience during prayer. The prayer-guide is there to listen and encourage you.

**Where and When Do Meetings Take Place?**

The individual meeting with the prayer-guide lasts for around half an hour and takes place at a mutually convenient venue.

**What Does It Cost?**

If possible each participant is asked to donate £(*state*) towards the cost of providing materials for the retreat and the prayer-guide’s travel expenses. This is NOT a mandatory amount and is not a requirement of participation.

**Application Form**

I wish to take part in St. Gabriel’s Retreat in Daily Life.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Phone No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Availability**

Please Tick when you could meet your prayer-guide:

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Mon | Tues | Weds | Thurs | Fri | Sat | Sun |
| Morn |  |  |  |  |  |  |  |
| A’noon |  |  |  |  |  |  |  |
| Eve |  |  |  |  |  |  |  |