**Sample Feedback Form**

**Feedback form**There is no obligation to complete this form, but if you can, it will help us as we plan future retreats. You can remain anonymous if you would prefer.

**1. Was this your first Retreat in Daily Life? YES / NO** *(please circle)*

*If ‘YES’, please add you comments below. If ‘NO’, please go straight to the next question.*

***What were your expectations / feelings before you started the Retreat?***

**2. Where did you meet with your Prayer Guide? What was your experience of this as a venue?**

**3. What did you find most helpful during the retreat?**

**4. What was least helpful?**

**5. Please add any further comments here.**

**6. Would you recommend a Retreat in Daily Life to others?**

*Please give a score from 0-10, where*

*0 = ‘definitely would not recommend’ and*

*10 = ‘definitely would recommend’.*

**7. If we were to run another retreat [eg next year], would you consider taking part again?**

**YES / NO** *(please circle)*

**8. Please give your name if you feel happy to do so: ..**.......................................................................

**9. May we use your comments above on our website or other publicity?**

**YES / NO** *(please circle)*

**If ‘yes’, may we use your name?**

**YES / NO** *(please circle)*

**Thank you for your feedback and thank you for taking part in this retreat.**