**Sample Closing Meeting Content**

* Welcome 2 min
* Music 5 min
* Stillness/ Relaxation 5 min
* Examen of the Retreat 15 min plus sharing in pairs
* Invitation to share & light candle 10 min
* Closing prayer 2 min
* Final goodbye to Prayer Guides 10 min

**Resources**

Centre-piece

Info on Manresa Link